



**PHYSICIAN'S HEALTH ASSESSMENT / MEDICAL INFORMATION AND  
AUTHORIZATION FOR TREATMENT**

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_

D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
Height: \_\_\_\_\_ Heart Rate: \_\_\_\_\_ Temperature: \_\_\_\_\_  
Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Respirations: \_\_\_\_\_

Primary Diagnosis: \_\_\_\_\_ ICD-10: \_\_\_\_\_  
Secondary Dx: \_\_\_\_\_ ICD-10: \_\_\_\_\_  
Other Dx: \_\_\_\_\_  
Prognosis: \_\_\_\_\_  
Allergies: \_\_\_\_\_

Constitutional:	Musculoskeletal:
Eyes:	Integumentary:
Ears / Nose / Mouth /Throat:	Neurological:
Cardiovascular:	Psychiatric:
Respiratory:	Endocrine:
Gastrointestinal:	Hematologic / Lymphatic:
Genitourinary:	Allergic/Immunologic:

**ASSISTIVE EQUIPMENT USED:**

- Walker     Quad Cane     Single point cane     Wheel chair  
 Glasses     Hearing Aid     Dentures     Other: \_\_\_\_\_

**Mental Health Status:**

- Confusion     Hallucinations     Disorientation     Insomnia  
 Depression     Anxiety     Delusions     Wandering  
 Suspiciousness     Memory Loss     Loss of Interest     Impaired Judgment  
 Loss of Interest     Loss of Appetite     Alcoholism     Drug Abuse  
 Other: \_\_\_\_\_

**Diet:** Does your patient require a **special diet**?  No  Yes (Please specify): \_\_\_\_\_

**Activity Order:** Ad Lib / Light exercises in sitting position / Assisted transfers / other: \_\_\_\_\_  
\_\_\_\_\_

**Falls Risk:** Is this person at increased risk for falls? \_\_\_\_\_

**Other Pertinent Health History:** \_\_\_\_\_

TB test (Optional)	<input type="checkbox"/> <b>skin test</b>	<input type="checkbox"/> <b>chest x-ray:</b>
	Date given: _____ Date read: _____	Date: _____
	Read by: _____	Results: _____

Vaccines (Optional)	<input type="checkbox"/> <b>flu vaccine</b>	<input type="checkbox"/> <b>pneumonia vaccine</b>
	Date: _____	Date: _____

**OTC Medication STANDING ORDERS per package instructions: (Please check)**

Tylenol 500 mg <input type="checkbox"/> Y <input type="checkbox"/> N	Tums <input type="checkbox"/> Y <input type="checkbox"/> N
Ibuprofen 200 mg <input type="checkbox"/> Y <input type="checkbox"/> N	Mylanta <input type="checkbox"/> Y <input type="checkbox"/> N
Aspirin 325 mg <input type="checkbox"/> Y <input type="checkbox"/> N	Simethicone <input type="checkbox"/> Y <input type="checkbox"/> N
Benadryl 25 mg <input type="checkbox"/> Y <input type="checkbox"/> N	Kaopectate <input type="checkbox"/> Y <input type="checkbox"/> N
Dextromethorphan <input type="checkbox"/> Y <input type="checkbox"/> N	Colace <input type="checkbox"/> Y <input type="checkbox"/> N
Guaifenesin <input type="checkbox"/> Y <input type="checkbox"/> N	Milk of Magnesia <input type="checkbox"/> Y <input type="checkbox"/> N

**Additional orders or comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Signature \_\_\_\_\_ Date: \_\_\_\_\_

Physician's full name \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

**MEDICATION LIST**

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Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

Allergies: \_\_\_\_\_

State regulations require that all medication to be administered within the Adult Dare Service program be in the original container from the doctor or pharmacy. The containers must be clearly marked with the participant's full name, name and strength of the medicine, the dosage, frequency and instructions for administration. Only medications that meet these requirements will be given. Most pharmacies will give two containers of medication if asked.

**Medications (dosage, frequency and indication):**

Medication	Dosage	Frequency	Indication

Applicant Signature \_\_\_\_\_

Date: \_\_\_\_\_

Responsible Party Signature \_\_\_\_\_

Date: \_\_\_\_\_

Participant Name: \_\_\_\_\_